

## कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 3

### कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/25](https://www.swayamprabha.gov.in/index.php/program/current_se/25).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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**कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class - 3**  
**फरवरी 2023**  
**February 2023**

क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
<b>बुधवार, 1 फरवरी 2023</b> Wednesday, 1 February 2023													
1	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:31 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	हिन्दी	पाठ-2: शेखीबाज़ मकखी	हिन्दी	12:27 AM	2:58 AM	5:28 AM	7:58 AM	10:28 AM	12:58 PM	3:29 PM	5:59 PM	8:29 PM	10:59 PM
3	योग	त्रिकोणासन	हिन्दी	12:59 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:01 PM	6:31 PM	9:01 PM	11:31 PM
4	Mathematics	Ch-2: Fun with Numbers	English	1:02 AM	3:32 AM	6:02 AM	8:33 AM	11:03 AM	1:33 PM	4:03 PM	6:33 PM	9:04 PM	11:34 PM
5	English	Ch-1: The Magic Garden (Part 2)	English	1:49 AM	4:19 AM	6:49 AM	9:19 AM	11:50 AM	2:20 PM	4:50 PM	7:20 PM	9:50 PM	NA
6	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:13 AM	4:43 AM	7:14 AM	9:44 AM	12:14 PM	2:44 PM	5:14 PM	7:45 PM	10:15 PM	NA
7	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	ISL	2:17 AM	4:47 AM	7:18 AM	9:48 AM	12:18 PM	2:48 PM	5:18 PM	7:49 PM	10:19 PM	NA
<b>बृहस्पतिवार, 2 फरवरी 2023</b> Thursday, 2 February 2023													
1	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:01 AM	12:31 PM	3:01 PM	5:31 PM	8:02 PM	10:32 PM
2	General Awareness	Personal Safety	English	12:27 AM	2:58 AM	5:28 AM	7:58 AM	10:28 AM	12:59 PM	3:29 PM	5:59 PM	8:29 PM	11:00 PM
3	कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	12:44 AM	3:14 AM	5:44 AM	8:14 AM	10:45 AM	1:15 PM	3:45 PM	6:15 PM	8:46 PM	11:16 PM
4	हिन्दी	पाठ-2: शेखीबाज़ मकखी	हिन्दी	12:56 AM	3:26 AM	5:56 AM	8:26 AM	10:57 AM	1:27 PM	3:57 PM	6:27 PM	8:58 PM	11:28 PM
5	योग	ताड्रासन	हिन्दी	1:28 AM	3:58 AM	6:28 AM	8:58 AM	11:29 AM	1:59 PM	4:29 PM	6:59 PM	9:30 PM	NA
6	Mathematics	Ch-11: Jugs and mugs	English	1:30 AM	4:00 AM	6:30 AM	9:01 AM	11:31 AM	2:01 PM	4:31 PM	7:02 PM	9:32 PM	NA
7	कला और शिल्प	कटा आलू हुआ भूरा	हिन्दी	1:52 AM	4:22 AM	6:52 AM	9:23 AM	11:53 AM	2:23 PM	4:53 PM	7:24 PM	9:54 PM	NA



8	English	Ch-1:The Magic Garden	English	1:53 AM	4:23 AM	6:53 AM	9:24 AM	11:54 AM	2:24 PM	4:54 PM	7:25 PM	9:55 PM	NA
9	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	ISL	2:17 AM	4:47 AM	7:18 AM	9:48 AM	12:18 PM	2:48 PM	5:19 PM	7:49 PM	10:19 PM	NA
<b>शुक्रवार, 3 फ़रवरी 2023</b> <b>Friday, 3 February 2023</b>													
1	गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	कला और शिल्प	कूड़े से खिलौने: क्रिसमस पेड़ (Toys from Trash: Christsmas Tree)	हिन्दी	12:33 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
3	हिन्दी	पाठ-2: शेखीबाज मकखी	हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:06 AM	10:36 AM	1:06 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
4	योग	वृक्षासन	हिन्दी	1:07 AM	3:37 AM	6:07 AM	8:37 AM	11:07 AM	1:38 PM	4:08 PM	6:38 PM	9:08 PM	11:38 PM
5	Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Odisha	English हिन्दी	1:10 AM	3:40 AM	6:10 AM	8:40 AM	11:10 AM	1:40 PM	4:10 PM	6:40 PM	9:10 PM	11:40 PM
6	Storytelling/Value Education	लकड़ी मकड़ी ककड़ी	हिन्दी	1:15 AM	3:45 AM	6:15 AM	8:45 AM	11:15 AM	1:45 PM	4:15 PM	6:45 PM	9:15 PM	11:45 PM
7	Mathematics	Ch-04: Long and short	English	1:18 AM	3:48 AM	6:18 AM	8:48 AM	11:18 AM	1:48 PM	4:18 PM	6:48 PM	9:18 PM	11:48 PM
8	कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	1:44 AM	4:14 AM	6:44 AM	9:14 AM	11:44 AM	2:14 PM	4:44 PM	7:14 PM	9:44 PM	NA
9	English	Ch-1:(Part 1) Good Morning	English	1:48 AM	4:18 AM	6:48 AM	9:18 AM	11:48 AM	2:18 PM	4:48 PM	7:18 PM	9:48 PM	NA
10	हिन्दी	पाठ-02:शेखीबाज मकखी	हिन्दी	2:10 AM	4:40 AM	7:10 AM	9:40 AM	12:10 PM	2:40 PM	5:10 PM	7:40 PM	10:10 PM	NA
<b>शनिवार, 4 फ़रवरी 2023</b> <b>Saturday, 4 February 2023</b>													
1	कला और शिल्प	कूड़े से खिलौने: क्रिसमस पेड़ (Toys from Trash: Christsmas Tree)	हिन्दी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:29 PM
2	गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:10 AM	2:40 AM	5:10 AM	7:40 AM	10:10 AM	12:40 PM	3:10 PM	5:40 PM	8:09 PM	10:39 PM
3	Storytelling/Value Education	ईदगाह	हिन्दी	12:32 AM	3:02 AM	5:32 AM	8:02 AM	10:32 AM	1:02 PM	3:32 PM	6:02 PM	8:32 PM	11:02 PM
4	सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	1:00 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
5	कला और शिल्प	बोलता मेंढक (Talking Frog)	हिन्दी	1:03 AM	3:33 AM	6:03 AM	8:33 AM	11:03 AM	1:33 PM	4:03 PM	6:33 PM	9:03 PM	11:32 PM
6	सामान्य जागरूकता	जेंडर समानता	हिन्दी	1:06 AM	3:36 AM	6:06 AM	8:36 AM	11:06 AM	1:36 PM	4:06 PM	6:36 PM	9:06 PM	11:36 PM
7	योग	अर्ध चक्रासन	हिन्दी	1:14 AM	3:44 AM	6:14 AM	8:44 AM	11:14 AM	1:44 PM	4:13 PM	6:43 PM	9:13 PM	11:43 PM



8	Art Education	Kala Utsav – 2022 – Dance-Classical (Girl)Delhi	English हिन्दी	1:16 AM	3:46 AM	6:16 AM	8:46 AM	11:16 AM	1:45 PM	4:15 PM	6:45 PM	9:15 PM	11:45 PM
9	Mathematics	Ch-5: Shapes and Designs	English	1:21 AM	3:51 AM	6:21 AM	8:51 AM	11:21 AM	1:51 PM	4:21 PM	6:50 PM	9:20 PM	11:50 PM
10	General Awareness	Interpersonal Relationships	English	1:41 AM	4:11 AM	6:41 AM	9:11 AM	11:41 AM	2:11 PM	4:41 PM	7:11 PM	9:41 PM	NA
11	Storytelling/Value Education	Meena – 8 Meena's three wishes	हिन्दी	1:46 AM	4:16 AM	6:46 AM	9:16 AM	11:46 AM	2:16 PM	4:46 PM	7:16 PM	9:45 PM	NA
12	हिन्दी	पाठ-02: शेखीबाज मक्खी	ISL	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:34 PM	5:04 PM	7:34 PM	10:04 PM	NA
13	English	Ch-1: Teacher's Page	ISL	2:23 AM	4:53 AM	7:22 AM	9:52 AM	12:22 PM	2:52 PM	5:22 PM	7:52 PM	10:22 PM	NA

रविवार, 5 फ़रवरी 2023  
Sunday, 5 February 2023

1	सामान्य जागरूकता	आज़ादी की अमृत कहानियाँ (टेस्टी)	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:10 AM	2:40 AM	5:10 AM	7:40 AM	10:10 AM	12:40 PM	3:10 PM	5:40 PM	8:10 PM	10:40 PM
3	शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:22 AM	2:52 AM	5:22 AM	7:52 AM	10:22 AM	12:52 PM	3:22 PM	5:53 PM	8:23 PM	10:53 PM
4	Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:35 PM	11:05 PM
5	Storytelling/Value Education	नाटक खेलना आसान है- बार्ते कहानी की	हिन्दी	12:45 AM	3:15 AM	5:46 AM	8:16 AM	10:46 AM	1:16 PM	3:46 PM	6:16 PM	8:46 PM	11:16 PM
6	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl) Maharashtra	English /हिन्दी	12:59 AM	3:29 AM	5:59 AM	8:29 AM	10:59 AM	1:29 PM	3:59 PM	6:29 PM	8:59 PM	11:29 PM
7	शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	1:07 AM	3:37 AM	6:07 AM	8:37 AM	11:07 AM	1:37 PM	4:07 PM	6:37 PM	9:07 PM	11:37 PM
8	Storytelling/Value Education	लालू और पीलू	हिन्दी	1:21 AM	3:51 AM	6:21 AM	8:51 AM	11:21 AM	1:51 PM	4:21 PM	6:51 PM	9:21 PM	11:51 PM
9	कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	1:23 AM	3:53 AM	6:23 AM	8:53 AM	11:23 AM	1:53 PM	4:23 PM	6:53 PM	9:23 PM	11:53 PM
10	सामान्य जागरूकता	मेंढक	हिन्दी	1:44 AM	4:14 AM	6:44 AM	9:14 AM	11:44 AM	2:14 PM	4:44 PM	7:14 PM	9:44 PM	NA
11	हिन्दी	पाठ-02: शेखीबाज मक्खी	ISL	1:59 AM	4:29 AM	6:59 AM	9:29 AM	11:59 AM	2:29 PM	4:59 PM	7:29 PM	9:59 PM	NA
12	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	ISL	2:17 AM	4:47 AM	7:17 AM	9:47 AM	12:17 PM	2:47 PM	5:17 PM	7:47 PM	10:17 PM	NA

सोमवार, 6 फ़रवरी 2023  
Monday, 6 February 2023

1	गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
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2	हिन्दी	पाठ-2: शेखीबाज़ मक्खी	हिन्दी	12:28 AM	2:58 AM	5:28 AM	7:58 AM	10:28 AM	12:58 PM	3:28 PM	5:58 PM	8:29 PM	10:59 PM
3	Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	1:00 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
4	General Awareness	Azadi ki Amrit Kahaniyan (Tessy)	English	1:11 AM	3:41 AM	6:11 AM	8:41 AM	11:11 AM	1:41 PM	4:11 PM	6:41 PM	9:11 PM	11:41 PM
5	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl)Karnataka	English  हिन्दी	1:13 AM	3:43 AM	6:13 AM	8:43 AM	11:13 AM	1:43 PM	4:13 PM	6:43 PM	9:13 PM	11:43 PM
6	EVS	Ch-17: Here comes a Letter	English	1:19 AM	3:49 AM	6:19 AM	8:49 AM	11:19 AM	1:49 PM	4:19 PM	6:49 PM	9:19 PM	11:49 PM
7	योग	अर्ध चक्रासन	हिन्दी	1:35 AM	4:05 AM	6:35 AM	9:06 AM	11:36 AM	2:06 PM	4:36 PM	7:06 PM	9:36 PM	NA
8	कला और शिल्प	कूड़े से खिलौने: क्रिसमस पेड़ (Toys from Trash: Christsmas Tree)	हिन्दी	1:37 AM	4:07 AM	6:37 AM	9:08 AM	11:38 AM	2:08 PM	4:38 PM	7:08 PM	9:38 PM	NA
9	English	Ch-1: The Magic Garden (Part 2)	English	1:40 AM	4:10 AM	6:40 AM	9:10 AM	11:40 AM	2:10 PM	4:40 PM	7:10 PM	9:40 PM	NA
10	Storytelling/Value Education	अन्नल बढ़ी या पूँछ	English  हिन्दी	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:34 PM	5:04 PM	7:34 PM	10:05 PM	NA
11	English	Ch-1: Teacher's Page	ISL	2:06 AM	4:36 AM	7:06 AM	9:36 AM	12:06 PM	2:36 PM	5:06 PM	7:37 PM	10:07 PM	NA
12	EVS	Ch-17: Here Comes A Letter	ISL	2:12 AM	4:42 AM	7:12 AM	9:42 AM	12:12 PM	2:42 PM	5:12 PM	7:42 PM	10:12 PM	NA

मंगलवार, 7 फ़रवरी 2023  
Tuesday, 7 February 2023

1	गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिन्दी	पाठ-2: शेखीबाज़ मक्खी	हिन्दी	12:28 AM	2:58 AM	5:28 AM	7:58 AM	10:28 AM	12:58 PM	3:28 PM	5:58 PM	8:28 PM	10:58 PM
3	योग	पादहस्तासन	हिन्दी	1:00 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
4	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl)Maharashtra	English  हिन्दी	1:02 AM	3:32 AM	6:02 AM	8:32 AM	11:02 AM	1:32 PM	4:02 PM	6:32 PM	9:02 PM	11:32 PM
5	EVS	Ch-17: Here comes a Letter	English	1:10 AM	3:40 AM	6:10 AM	8:40 AM	11:10 AM	1:40 PM	4:10 PM	6:40 PM	9:10 PM	11:40 PM
6	कला और शिल्प	ओरिगामी कागज़ बिल्ली (Origami Paper Cat)	हिन्दी	1:27 AM	3:57 AM	6:27 AM	8:57 AM	11:27 AM	1:57 PM	4:27 PM	6:57 PM	9:27 PM	11:57 PM
7	Storytelling/Value Education	Meena - 8 Meena's three wifes	हिन्दी	1:29 AM	3:59 AM	6:29 AM	8:59 AM	11:29 AM	1:59 PM	4:29 PM	6:59 PM	9:29 PM	11:59 PM
8	English	Ch-1:(Part 2) The Magic Garden	English	1:47 AM	4:17 AM	6:47 AM	9:17 AM	11:47 AM	2:17 PM	4:47 PM	7:17 PM	9:47 PM	NA
9	EVS	Ch-17: Here Comes A Letter	ISL	2:12 AM	4:42 AM	7:12 AM	9:42 AM	12:12 PM	2:42 PM	5:12 PM	7:42 PM	10:12 PM	NA



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**बुधवार, 8 फ़रवरी 2023**
**Wednesday, 8 February 2023**

1	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	हिन्दी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:29 PM
2	Storytelling/Value Education	बबलू की नाव	हिन्दी	12:29 AM	2:59 AM	5:29 AM	7:59 AM	10:29 AM	12:59 PM	3:29 PM	5:59 PM	8:29 PM	10:59 PM
3	हिन्दी	पाठ-13: पत्तियों का चिड़ियाघर	हिन्दी	12:52 AM	3:22 AM	5:52 AM	8:22 AM	10:52 AM	1:22 PM	3:52 PM	6:22 PM	8:52 PM	11:22 PM
4	Storytelling/Value Education	ईदगाह	हिन्दी	1:06 AM	3:36 AM	6:06 AM	8:36 AM	11:06 AM	1:36 PM	4:06 PM	6:36 PM	9:06 PM	11:36 PM
5	Mathematics	Ch-13: Smart Charts	English	1:35 AM	4:05 AM	6:35 AM	9:05 AM	11:35 AM	2:05 PM	4:35 PM	7:04 PM	9:34 PM	NA
6	Art Education	Kala Utsav - 2022 - Dance- Classical(Girl)Telangana	English  हिन्दी	2:00 AM	4:30 AM	7:00 AM	9:30 AM	12:00 PM	2:29 PM	4:59 PM	7:29 PM	9:59 PM	NA
7	English	Ch-10: How Creatures Move	English	2:06 AM	4:36 AM	7:06 AM	9:36 AM	12:06 PM	2:36 PM	5:06 PM	7:36 PM	10:06 PM	NA
8	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	ISL	2:16 AM	4:46 AM	7:16 AM	9:46 AM	12:16 PM	2:46 PM	5:16 PM	7:46 PM	10:16 PM	NA

**बृहस्पतिवार, 9 फ़रवरी 2023**
**Thursday, 9 February 2023**

1	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिन्दी	पाठ-13: पत्तियों का चिड़ियाघर	हिन्दी	12:31 AM	3:01 AM	5:31 AM	8:01 AM	10:31 AM	1:01 PM	3:31 PM	6:01 PM	8:31 PM	11:01 PM
3	Mathematics	Ch-8: Who is heavier?	English	12:45 AM	3:15 AM	5:45 AM	8:15 AM	10:45 AM	1:15 PM	3:46 PM	6:16 PM	8:46 PM	11:16 PM
4	Storytelling/Value Education	टर्म टू-5	हिन्दी	1:03 AM	3:33 AM	6:03 AM	8:33 AM	11:03 AM	1:33 PM	4:03 PM	6:33 PM	9:03 PM	11:33 PM
5	कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	1:25 AM	3:55 AM	6:25 AM	8:55 AM	11:25 AM	1:55 PM	4:25 PM	6:56 PM	9:26 PM	11:56 PM
6	योग	भद्रासन	हिन्दी	1:46 AM	4:16 AM	6:46 AM	9:16 AM	11:46 AM	2:16 PM	4:46 PM	7:16 PM	9:46 PM	NA
7	Storytelling/Value Education	बस के नीचे बाड़ा	हिन्दी	1:48 AM	4:18 AM	6:48 AM	9:18 AM	11:48 AM	2:18 PM	4:48 PM	7:19 PM	9:49 PM	NA
8	Art Education	Kala Utsav - 2022 Dance - Classical(Boy)Andhra Pradesh	English  हिन्दी	1:54 AM	4:24 AM	6:54 AM	9:24 AM	11:54 AM	2:24 PM	4:54 PM	7:24 PM	9:54 PM	NA
9	English	Ch-10: How Creatures Move	English	2:00 AM	4:30 AM	7:00 AM	9:30 AM	12:01 PM	2:31 PM	5:01 PM	7:31 PM	10:01 PM	NA
10	English	Ch-1: Teacher's Page	ISL	2:10 AM	4:40 AM	7:10 AM	9:40 AM	12:10 PM	2:40 PM	5:10 PM	7:41 PM	10:11 PM	NA
11	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	ISL	2:16 AM	4:46 AM	7:16 AM	9:46 AM	12:16 PM	2:46 PM	5:16 PM	7:46 PM	10:16 PM	NA



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**शुक्रवार, 10 फ़रवरी 2023**
**Friday, 10 February 2023**

1	गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:33 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
3	योग	उष्णनासन	हिन्दी	12:54 AM	3:24 AM	5:54 AM	8:24 AM	10:54 AM	1:24 PM	3:54 PM	6:24 PM	8:54 PM	11:24 PM
4	Mathematics	Ch-5: Shapes and Designs	English	12:58 AM	3:28 AM	5:58 AM	8:28 AM	10:58 AM	1:28 PM	3:58 PM	6:28 PM	8:58 PM	11:28 PM
5	Storytelling/Value Education	Meena - 12 I am Meena	हिन्दी	1:19 AM	3:49 AM	6:19 AM	8:49 AM	11:19 AM	1:49 PM	4:19 PM	6:49 PM	9:19 PM	11:49 PM
6	English	Ch-1:(Part 2)The Magic Garden	English	1:34 AM	4:04 AM	6:34 AM	9:04 AM	11:34 AM	2:04 PM	4:34 PM	7:04 PM	9:34 PM	NA
7	हिन्दी	पाठ-03:चाँद वाली अम्मा	ISL	1:58 AM	4:28 AM	6:58 AM	9:28 AM	11:58 AM	2:28 PM	4:58 PM	7:28 PM	9:58 PM	NA
8	पर्यावरण अध्ययन	पाठ-17: चिट्ठी आई है	ISL	2:17 AM	4:47 AM	7:17 AM	9:47 AM	12:17 PM	2:47 PM	5:17 PM	7:47 PM	10:17 PM	NA

**शनिवार, 11 फ़रवरी 2023**
**Saturday, 11 February 2023**

1	गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:01 AM	12:31 PM	3:01 PM	5:31 PM	8:02 PM	10:32 PM
2	Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	12:33 AM	3:04 AM	5:34 AM	8:04 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:36 PM	11:06 PM
3	कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	12:46 AM	3:16 AM	5:46 AM	8:16 AM	10:47 AM	1:17 PM	3:47 PM	6:18 PM	8:48 PM	11:18 PM
4	Storytelling/Value Education	ईदगाह	हिन्दी	1:06 AM	3:37 AM	6:07 AM	8:37 AM	11:07 AM	1:38 PM	4:08 PM	6:38 PM	9:09 PM	11:39 PM
5	Mathematics	Ch-6: Fun with give and take	English	1:35 AM	4:05 AM	6:35 AM	9:05 AM	11:36 AM	2:06 PM	4:36 PM	7:07 PM	9:37 PM	NA
6	हिन्दी	पाठ-03:चाँद वाली अम्मा	ISL	2:06 AM	4:36 AM	7:06 AM	9:37 AM	12:07 PM	2:37 PM	5:08 PM	7:38 PM	10:08 PM	NA
7	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:25 AM	4:55 AM	7:25 AM	9:56 AM	12:26 PM	2:56 PM	5:26 PM	7:57 PM	10:27 PM	NA

**रविवार, 12 फ़रवरी 2023**
**Sunday, 12 February 2023**

1	शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM	2:50 AM	5:20 AM	7:50 AM	10:20 AM	12:50 PM	3:20 PM	5:50 PM	8:20 PM	10:51 PM
3	कला और शिल्प	कूड़े से खिलौने: चेहरे का धोखा (Toys from Trash: Face Fraud)	हिन्दी	12:32 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
4	Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	12:34 AM	3:04 AM	5:34 AM	8:04 AM	10:34 AM	1:04 PM	3:34 PM	6:05 PM	8:35 PM	11:05 PM



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5	Storytelling/Value Education	बस की यात्रा	हिन्दी	12:45 AM	3:15 AM	5:45 AM	8:15 AM	10:45 AM	1:15 PM	3:45 PM	6:15 PM	8:45 PM	11:15 PM
6	Art Education	Kala Utsav – 2022 – Dance Folk (Boy) Odisha	English/हिन्दी	1:00 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:31 PM	9:01 PM	11:31 PM
7	शारीरिक शिक्षा	योग गौमुखसन (Yoga Gomukhasan)	हिन्दी	1:05 AM	3:35 AM	6:05 AM	8:35 AM	11:05 AM	1:35 PM	4:06 PM	6:36 PM	9:06 PM	11:36 PM
8	Physical Education	Growth and Health	English	1:21 AM	3:51 AM	6:21 AM	8:51 AM	11:21 AM	1:51 PM	4:21 PM	6:51 PM	9:21 PM	11:51 PM
9	Art and Craft	Art Education	English	1:25 AM	3:55 AM	6:25 AM	8:55 AM	11:25 AM	1:55 PM	4:25 PM	6:55 PM	9:25 PM	11:55 PM
10	सामान्य जागरूकता	झरगोश	हिन्दी	1:46 AM	4:16 AM	6:46 AM	9:16 AM	11:47 AM	2:17 PM	4:47 PM	7:17 PM	9:47 PM	NA
11	हिन्दी	पाठ-03:चाँद वाली अम्मा	ISL	1:57 AM	4:27 AM	6:57 AM	9:27 AM	11:57 AM	2:27 PM	4:58 PM	7:28 PM	9:58 PM	NA
12	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	ISL	2:16 AM	4:46 AM	7:16 AM	9:46 AM	12:16 PM	2:46 PM	5:16 PM	7:46 PM	10:16 PM	NA

सोमवार, 13 फ़रवरी 2023  
Monday, 13 February 2023

1	गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:31 PM	8:01 PM	10:31 PM
2	Storytelling/Value Education	अकल बड़ी या पूँछ	English/हिन्दी	12:33 AM	3:04 AM	5:34 AM	8:04 AM	10:34 AM	1:04 PM	3:34 PM	6:04 PM	8:35 PM	11:05 PM
3	हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:35 AM	3:06 AM	5:36 AM	8:06 AM	10:36 AM	1:06 PM	3:36 PM	6:07 PM	8:37 PM	11:07 PM
4	कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	12:56 AM	3:27 AM	5:57 AM	8:27 AM	10:57 AM	1:27 PM	3:57 PM	6:27 PM	8:58 PM	11:28 PM
5	EVS	Ch-18: A House Like This	English	1:17 AM	3:47 AM	6:17 AM	8:48 AM	11:18 AM	1:48 PM	4:18 PM	6:48 PM	9:18 PM	11:49 PM
6	योग	वक्रासन	हिन्दी	1:34 AM	4:04 AM	6:34 AM	9:04 AM	11:34 AM	2:04 PM	4:34 PM	7:05 PM	9:35 PM	NA
7	English	Unit-2:(Part 1) Bird Talk	English	1:36 AM	4:06 AM	6:36 AM	9:07 AM	11:37 AM	2:07 PM	4:37 PM	7:07 PM	9:37 PM	NA
8	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:01 AM	4:32 AM	7:02 AM	9:32 AM	12:02 PM	2:32 PM	5:02 PM	7:32 PM	10:03 PM	NA
9	EVS	Ch-18: A House Like This	ISL	2:05 AM	4:35 AM	7:06 AM	9:36 AM	12:06 PM	2:36 PM	5:06 PM	7:36 PM	10:07 PM	NA

मंगलवार, 14 फ़रवरी 2023  
Tuesday, 14 February 2023

1	गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Storytelling/Value Education	लालू और पीलू	हिन्दी	12:33 AM	3:03 AM	5:34 AM	8:04 AM	10:34 AM	1:04 PM	3:34 PM	6:04 PM	8:34 PM	11:04 PM
3	सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	12:37 AM	3:07 AM	5:37 AM	8:07 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:38 PM	11:08 PM



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4	हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:56 AM	3:26 AM	5:56 AM	8:26 AM	10:56 AM	1:26 PM	3:56 PM	6:26 PM	8:56 PM	11:26 PM
5	EVS	Ch-18: A House Like This	English	1:17 AM	3:47 AM	6:17 AM	8:47 AM	11:17 AM	1:47 PM	4:17 PM	6:47 PM	9:17 PM	11:47 PM
6	Storytelling/Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	1:33 AM	4:03 AM	6:33 AM	9:03 AM	11:33 AM	2:03 PM	4:33 PM	7:03 PM	9:33 PM	NA
7	English	Unit-2:(Part 1) Bird Talk	English	1:40 AM	4:10 AM	6:40 AM	9:10 AM	11:40 AM	2:10 PM	4:40 PM	7:10 PM	9:40 PM	NA
8	EVS	Ch-18: A House Like This	ISL	2:05 AM	4:35 AM	7:05 AM	9:35 AM	12:05 PM	2:35 PM	5:05 PM	7:35 PM	10:05 PM	NA

बुधवार, 15 फ़रवरी 2023

Wednesday, 15 February 2023

1	पर्यावरण अध्ययन	पाठ-19: हमारे साथी जानवर	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Storytelling/Value Education	लकड़ी मकड़ी ककड़ी	हिन्दी	12:36 AM	3:06 AM	5:36 AM	8:07 AM	10:37 AM	1:07 PM	3:37 PM	6:07 PM	8:37 PM	11:07 PM
3	हिन्दी	पाठ-13:सबसे अच्छे पेड़; पत्तियों का चिड़ियाघर; नाना-नानी के नाम	हिन्दी	12:41 AM	3:11 AM	5:42 AM	8:12 AM	10:42 AM	1:12 PM	3:42 PM	6:12 PM	8:42 PM	11:12 PM
4	Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिन्दी	12:57 AM	3:27 AM	5:57 AM	8:27 AM	10:57 AM	1:27 PM	3:57 PM	6:27 PM	8:57 PM	11:27 PM
5	Mathematics	Ch-14: Rupees and Paisa	English	1:04 AM	3:34 AM	6:04 AM	8:34 AM	11:04 AM	1:34 PM	4:05 PM	6:35 PM	9:05 PM	11:35 PM
6	Storytelling/Value Education	आम की टोकरी	हिन्दी	1:34 AM	4:04 AM	6:34 AM	9:04 AM	11:34 AM	2:05 PM	4:35 PM	7:05 PM	9:35 PM	NA
7	English	Ch-10: The Ship of the Desert	English	1:37 AM	4:07 AM	6:37 AM	9:07 AM	11:37 AM	2:07 PM	4:37 PM	7:07 PM	9:37 PM	NA
8	Storytelling/Value Education	Meena - 2 Dividing the Mangoes	हिन्दी	2:00 AM	4:30 AM	7:00 AM	9:30 AM	12:00 PM	2:31 PM	5:01 PM	7:31 PM	10:01 PM	NA
9	पर्यावरण अध्ययन	पाठ-19:हमारे साथी जानवर	ISL	2:13 AM	4:43 AM	7:13 AM	9:43 AM	12:13 PM	2:43 PM	5:13 PM	7:43 PM	10:13 PM	NA

बुधस्पतिवार, 16 फ़रवरी 2023

Thursday, 16 February 2023

1	पर्यावरण अध्ययन	पाठ-19: हमारे साथी जानवर	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Storytelling/Value Education	आम की टोकरी	हिन्दी	12:36 AM	3:06 AM	5:36 AM	8:06 AM	10:36 AM	1:06 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
3	हिन्दी	पाठ-13:सबसे अच्छे पेड़; पत्तियों का चिड़ियाघर; नाना-नानी के नाम	हिन्दी	12:39 AM	3:09 AM	5:39 AM	8:09 AM	10:39 AM	1:09 PM	3:39 PM	6:09 PM	8:39 PM	11:09 PM
4	Storytelling/Value Education	ईदगाह	हिन्दी	12:54 AM	3:24 AM	5:54 AM	8:24 AM	10:54 AM	1:24 PM	3:54 PM	6:24 PM	8:54 PM	11:24 PM
5	Mathematics	Ch-09: How many Times	English	1:22 AM	3:52 AM	6:22 AM	8:53 AM	11:23 AM	1:53 PM	4:23 PM	6:53 PM	9:23 PM	11:53 PM
6	English	Ch-10: The Ship of the Desert	English	1:45 AM	4:15 AM	6:45 AM	9:15 AM	11:45 AM	2:15 PM	4:45 PM	7:15 PM	9:45 PM	NA



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7	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:08 AM	4:38 AM	7:08 AM	9:39 AM	12:09 PM	2:39 PM	5:09 PM	7:39 PM	10:09 PM	NA
8	पर्यावरण अध्ययन	पाठ-19: हमारे साथी जानवर	ISL	2:12 AM	4:42 AM	7:12 AM	9:42 AM	12:13 PM	2:43 PM	5:13 PM	7:43 PM	10:13 PM	NA
<b>शुक्रवार, 17 फ़रवरी 2023</b> <b>Friday, 17 February 2023</b>													
1	गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	कला और शिल्प	कूड़े से खिलौने: उड़ती तितली (Toys from Trash: Bobbing Butterfly)	हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
3	हिन्दी	पाठ-4: मन करता है	हिन्दी	12:36 AM	3:06 AM	5:36 AM	8:07 AM	10:37 AM	1:07 PM	3:37 PM	6:07 PM	8:37 PM	11:08 PM
4	Mathematics	Ch-6: Fun with give and take	English	12:57 AM	3:27 AM	5:57 AM	8:28 AM	10:58 AM	1:28 PM	3:58 PM	6:28 PM	8:58 PM	11:29 PM
5	योग	वज्रासन	हिन्दी	1:28 AM	3:59 AM	6:29 AM	8:59 AM	11:29 AM	1:59 PM	4:29 PM	7:00 PM	9:30 PM	NA
6	Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	1:31 AM	4:01 AM	6:31 AM	9:01 AM	11:32 AM	2:02 PM	4:32 PM	7:02 PM	9:32 PM	NA
7	English	Unit-2:(Part 1) Bird Talk	English	1:42 AM	4:12 AM	6:42 AM	9:12 AM	11:42 AM	2:13 PM	4:43 PM	7:13 PM	9:43 PM	NA
8	हिन्दी	पाठ-4: मन करता है	ISL	2:07 AM	4:37 AM	7:07 AM	9:37 AM	12:08 PM	2:38 PM	5:08 PM	7:38 PM	10:08 PM	NA
9	पर्यावरण अध्ययन	पाठ-18: ऐसे भी होते हैं घर	ISL	2:16 AM	4:46 AM	7:16 AM	9:47 AM	12:17 PM	2:47 PM	5:17 PM	7:47 PM	10:17 PM	NA
<b>शनिवार, 18 फ़रवरी 2023</b> <b>Saturday, 18 February 2023</b>													
1	गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:35 PM	11:05 PM
3	Storytelling/Value Education	वो कुछ दिन	हिन्दी	12:39 AM	3:09 AM	5:39 AM	8:09 AM	10:39 AM	1:09 PM	3:39 PM	6:09 PM	8:39 PM	11:09 PM
4	कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	12:47 AM	3:17 AM	5:47 AM	8:17 AM	10:47 AM	1:17 PM	3:47 PM	6:17 PM	8:47 PM	11:17 PM
5	सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	12:59 AM	3:29 AM	5:59 AM	8:29 AM	10:59 AM	1:29 PM	3:59 PM	6:29 PM	8:59 PM	11:29 PM
6	योग	शशकासन	हिन्दी	1:04 AM	3:34 AM	6:04 AM	8:34 AM	11:04 AM	1:34 PM	4:04 PM	6:34 PM	9:04 PM	11:34 PM
7	Storytelling/Value Education	टर्म टू-2	हिन्दी	1:11 AM	3:41 AM	6:11 AM	8:41 AM	11:11 AM	1:41 PM	4:11 PM	6:41 PM	9:11 PM	11:41 PM
8	Mathematics	Ch-7: Time goes on	English	1:33 AM	4:03 AM	6:33 AM	9:03 AM	11:33 AM	2:03 PM	4:33 PM	7:03 PM	9:33 PM	NA



9	सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	1:57 AM	4:27 AM	6:57 AM	9:27 AM	11:57 AM	2:27 PM	4:57 PM	7:27 PM	9:57 PM	NA
10	हिन्दी	पाठ-4: मन करता है	ISL	2:15 AM	4:45 AM	7:15 AM	9:46 AM	12:16 PM	2:46 PM	5:16 PM	7:46 PM	10:16 PM	NA
11	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:24 AM	4:55 AM	7:25 AM	9:55 AM	12:25 PM	2:55 PM	5:25 PM	7:55 PM	10:25 PM	NA

रविवार, 19 फ़रवरी 2023  
Sunday, 19 February 2023

1	शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM	2:50 AM	5:20 AM	7:50 AM	10:20 AM	12:50 PM	3:20 PM	5:50 PM	8:20 PM	10:50 PM
3	Storytelling/Value Education	टर्म टू-3	हिन्दी	12:37 AM	3:07 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:38 PM	11:08 PM
4	Storytelling/Value Education	बस की यात्रा	हिन्दी	12:59 AM	3:29 AM	5:59 AM	8:29 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
5	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl)Karnataka	English/ हिन्दी	1:15 AM	3:45 AM	6:15 AM	8:45 AM	11:15 AM	1:46 PM	4:16 PM	6:46 PM	9:16 PM	11:46 PM
6	शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	1:21 AM	3:51 AM	6:21 AM	8:51 AM	11:21 AM	1:51 PM	4:21 PM	6:51 PM	9:21 PM	11:51 PM
7	Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/ हिन्दी	1:35 AM	4:05 AM	6:35 AM	9:05 AM	11:35 AM	2:05 PM	4:35 PM	7:05 PM	9:35 PM	NA
8	Physical Education	Growth and Health	English	1:38 AM	4:08 AM	6:38 AM	9:08 AM	11:38 AM	2:08 PM	4:38 PM	7:08 PM	9:38 PM	NA
9	Art and Craft	Art Education	English	1:42 AM	4:12 AM	6:42 AM	9:12 AM	11:42 AM	2:12 PM	4:42 PM	7:12 PM	9:42 PM	NA
10	हिन्दी	पाठ-4: मन करता है	ISL	2:03 AM	4:33 AM	7:03 AM	9:33 AM	12:04 PM	2:34 PM	5:04 PM	7:34 PM	10:04 PM	NA
11	पर्यावरण अध्ययन	पाठ-19:हमारे साथी जानवर	ISL	2:12 AM	4:43 AM	7:13 AM	9:43 AM	12:13 PM	2:43 PM	5:13 PM	7:43 PM	10:13 PM	NA

सोमवार, 20 फ़रवरी 2023  
Monday, 20 February 2023

1	गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/ हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:35 PM	11:05 PM
3	हिन्दी	पाठ-4: मन करता है	हिन्दी	12:42 AM	3:12 AM	5:42 AM	8:12 AM	10:42 AM	1:12 PM	3:42 PM	6:12 PM	8:42 PM	11:13 PM



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4	EVS	Ch-19: Our Friends — Animals	English	1:03 AM	3:33 AM	6:03 AM	8:33 AM	11:03 AM	1:33 PM	4:03 PM	6:33 PM	9:03 PM	11:33 PM
5	English	Unit-2:(Part 2): Nina and the Baby Sparrows	English	1:31 AM	4:01 AM	6:31 AM	9:01 AM	11:31 AM	2:01 PM	4:31 PM	7:01 PM	9:32 PM	NA
6	Storytelling/Value Education	बस के नीचे बाड़ा	हिन्दी	1:56 AM	4:27 AM	6:57 AM	9:27 AM	11:57 AM	2:27 PM	4:57 PM	7:27 PM	9:57 PM	NA
7	English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	2:02 AM	4:32 AM	7:02 AM	9:33 AM	12:03 PM	2:33 PM	5:03 PM	7:33 PM	10:03 PM	NA
8	EVS	Ch-19: Our Friends Animals	ISL	2:06 AM	4:36 AM	7:06 AM	9:37 AM	12:07 PM	2:37 PM	5:07 PM	7:37 PM	10:07 PM	NA

मंगलवार, 21 फ़रवरी 2023  
Tuesday, 21 February 2023

1	गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिन्दी	पाठ-4: मन करता है	हिन्दी	12:36 AM	3:06 AM	5:36 AM	8:07 AM	10:37 AM	1:07 PM	3:37 PM	6:07 PM	8:37 PM	11:07 PM
3	EVS	Ch-19: Our Friends — Animals	English	12:57 AM	3:27 AM	5:57 AM	8:27 AM	10:58 AM	1:28 PM	3:58 PM	6:28 PM	8:58 PM	11:28 PM
4	Storytelling/Value Education	बस की यात्रा	हिन्दी	1:25 AM	3:55 AM	6:26 AM	8:56 AM	11:26 AM	1:56 PM	4:26 PM	6:56 PM	9:26 PM	11:56 PM
5	English	Unit-2: Nina and the Baby Sparrows (Part 2)	English	1:41 AM	4:11 AM	6:41 AM	9:11 AM	11:41 AM	2:11 PM	4:41 PM	7:11 PM	9:41 PM	NA
6	EVS	Ch-19: Our Friends Animals	ISL	2:06 AM	4:36 AM	7:06 AM	9:36 AM	12:07 PM	2:37 PM	5:07 PM	7:37 PM	10:07 PM	NA

बुधवार, 22 फ़रवरी 2023  
Wednesday, 22 February 2023

1	पर्यावरण अध्ययन	पाठ-20: बूँद बूँद से	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	हिन्दी	पाठ-1:कक्कू	हिन्दी	12:35 AM	3:05 AM	5:35 AM	8:05 AM	10:35 AM	1:06 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
3	Mathematics	Ch-1: Where to look from	English	12:59 AM	3:29 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:01 PM	11:31 PM
4	English	Ch-1: Good Morning (Part 1)	English	1:22 AM	3:53 AM	6:23 AM	8:53 AM	11:23 AM	1:53 PM	4:23 PM	6:54 PM	9:24 PM	11:54 PM
5	Art and Craft	ओरिगामी (कागज़ कला)-2	English/हिन्दी	1:45 AM	4:15 AM	6:45 AM	9:15 AM	11:45 AM	2:16 PM	4:46 PM	7:16 PM	9:46 PM	NA
6	Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	2:00 AM	4:30 AM	7:00 AM	9:30 AM	12:00 PM	2:31 PM	5:01 PM	7:31 PM	10:01 PM	NA
7	पर्यावरण अध्ययन	पाठ-21: तरह-तरह के परिवार	ISL	2:10 AM	4:41 AM	7:11 AM	9:41 AM	12:11 PM	2:41 PM	5:11 PM	7:42 PM	10:12 PM	NA



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बृहस्पतिवार, 23 फ़रवरी 2023 Thursday, 23 February 2023													
1	पर्यावरण अध्ययन	पाठ-20: बूँद बूँद से	हिन्दी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:28 PM
2	हिन्दी	पाठ-1:कवकू	हिन्दी	12:36 AM	3:06 AM	5:36 AM	8:06 AM	10:36 AM	1:06 PM	3:36 PM	6:06 PM	8:35 PM	11:05 PM
3	Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	1:01 AM	3:31 AM	6:01 AM	8:31 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
4	Mathematics	Ch-10: Play with patterns	English	1:10 AM	3:40 AM	6:10 AM	8:40 AM	11:10 AM	1:39 PM	4:09 PM	6:39 PM	9:09 PM	11:39 PM
5	COVID Awareness	बदलकर अपना व्यवहार, करें कोरोना पर वार	हिन्दी	1:40 AM	4:10 AM	6:40 AM	9:10 AM	11:40 AM	2:10 PM	4:40 PM	7:10 PM	9:39 PM	NA
6	English	Ch-1:(Part 1) Good Morning	English	1:42 AM	4:12 AM	6:42 AM	9:12 AM	11:42 AM	2:11 PM	4:41 PM	7:11 PM	9:41 PM	NA
7	English	Ch-3: Little by Little	ISL	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:34 PM	5:04 PM	7:33 PM	10:03 PM	NA
8	पर्यावरण अध्ययन	पाठ-21: तरह-तरह के परिवार	ISL	2:10 AM	4:40 AM	7:10 AM	9:40 AM	12:10 PM	2:40 PM	5:09 PM	7:39 PM	10:09 PM	NA
शुक्रवार, 24 फ़रवरी 2023 Friday, 24 February 2023													
1	गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:31 PM
2	हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:37 AM	3:07 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:38 PM	11:08 PM
3	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl) Maharashtra	English/हिन्दी	12:59 AM	3:29 AM	5:59 AM	8:29 AM	10:59 AM	1:29 PM	3:59 PM	6:30 PM	9:00 PM	11:30 PM
4	Mathematics	Ch-7: Time goes on	English	1:07 AM	3:37 AM	6:07 AM	8:37 AM	11:07 AM	1:37 PM	4:08 PM	6:38 PM	9:08 PM	11:38 PM
5	Storytelling/Value Education	बस के नीचे बाग़	हिन्दी	1:31 AM	4:01 AM	6:31 AM	9:01 AM	11:31 AM	2:02 PM	4:32 PM	7:02 PM	9:32 PM	NA
6	Storytelling/Value Education	मैं सबसे छोटी होऊँ- कविता मंजरी	हिन्दी	1:37 AM	4:07 AM	6:37 AM	9:07 AM	11:37 AM	2:07 PM	4:38 PM	7:08 PM	9:38 PM	NA
7	English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	1:38 AM	4:09 AM	6:39 AM	9:09 AM	11:39 AM	2:09 PM	4:39 PM	7:09 PM	9:39 PM	NA
8	हिन्दी	पाठ-5: बहादुर बित्तो	ISL	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:35 PM	5:05 PM	7:35 PM	10:05 PM	NA
9	पर्यावरण अध्ययन	पाठ-19:हमारे साथी जानवर	ISL	2:13 AM	4:43 AM	7:13 AM	9:43 AM	12:13 PM	2:43 PM	5:13 PM	7:43 PM	10:13 PM	NA
शनिवार, 25 फ़रवरी 2023 Saturday, 25 February 2023													
1	गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	12:32 AM	3:02 AM	5:32 AM	8:02 AM	10:32 AM	1:02 PM	3:32 PM	6:02 PM	8:32 PM	11:02 PM



3	सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:37 AM	3:07 AM	5:37 AM	8:07 AM	10:37 AM	1:07 PM	3:37 PM	6:07 PM	8:37 PM	11:07 PM
4	शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:42 AM	3:12 AM	5:42 AM	8:12 AM	10:42 AM	1:12 PM	3:42 PM	6:13 PM	8:43 PM	11:13 PM
5	General Awareness	Prevention and Management of Substance Misuse	English	12:59 AM	3:29 AM	5:59 AM	8:29 AM	10:59 AM	1:29 PM	3:59 PM	6:29 PM	8:59 PM	11:29 PM
6	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl) Karnataka	English  हिन्दी	1:04 AM	3:34 AM	6:04 AM	8:34 AM	11:04 AM	1:34 PM	4:04 PM	6:34 PM	9:04 PM	11:34 PM
7	Storytelling/Value Education	ईदगाह	हिन्दी	1:10 AM	3:40 AM	6:10 AM	8:40 AM	11:10 AM	1:40 PM	4:10 PM	6:40 PM	9:10 PM	11:40 PM
8	Mathematics	Ch-8: Who is heavier?	English	1:38 AM	4:08 AM	6:38 AM	9:08 AM	11:38 AM	2:08 PM	4:38 PM	7:08 PM	9:38 PM	NA
9	सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	1:56 AM	4:26 AM	6:56 AM	9:26 AM	11:56 AM	2:26 PM	4:56 PM	7:26 PM	9:56 PM	NA
10	हिन्दी	पाठ-5: बहादुर बित्तो	ISL	2:14 AM	4:44 AM	7:14 AM	9:44 AM	12:14 PM	2:44 PM	5:14 PM	7:44 PM	10:14 PM	NA
11	English	Ch-3: Little by Little	ISL	2:22 AM	4:52 AM	7:22 AM	9:52 AM	12:23 PM	2:53 PM	5:23 PM	7:53 PM	10:23 PM	NA

रविवार, 26 फ़रवरी 2023  
Sunday, 26 February 2023

1	शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM	2:50 AM	5:20 AM	7:50 AM	10:20 AM	12:50 PM	3:21 PM	5:51 PM	8:21 PM	10:51 PM
3	Storytelling/Value Education	टर्म टू-5	हिन्दी	12:37 AM	3:08 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:38 PM	11:08 PM
4	Storytelling/Value Education	बस की यात्रा	हिन्दी	1:00 AM	3:30 AM	6:00 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:31 PM	9:01 PM	11:31 PM
5	Art Education	Kala Utsav 2022Vocal Music- Classical (Girl)Karnataka	English  हिन्दी	1:15 AM	3:45 AM	6:15 AM	8:45 AM	11:15 AM	1:46 PM	4:16 PM	6:46 PM	9:16 PM	11:46 PM
6	शारीरिक शिक्षा	योग गोमुखासन	हिन्दी	1:21 AM	3:51 AM	6:21 AM	8:51 AM	11:21 AM	1:51 PM	4:21 PM	6:51 PM	9:22 PM	11:52 PM
7	Physical Education	Growth and Health	English	1:36 AM	4:06 AM	6:36 AM	9:07 AM	11:37 AM	2:07 PM	4:37 PM	7:07 PM	9:37 PM	NA
8	Art and Craft	Art Education	English	1:40 AM	4:11 AM	6:41 AM	9:11 AM	11:41 AM	2:11 PM	4:41 PM	7:11 PM	9:41 PM	NA
9	हिन्दी	पाठ-5: बहादुर बित्तो	ISL	2:02 AM	4:32 AM	7:02 AM	9:32 AM	12:02 PM	2:32 PM	5:02 PM	7:33 PM	10:03 PM	NA
10	पर्यावरण अध्ययन	पाठ-21: तरह-तरह के परिवार	ISL	2:10 AM	4:41 AM	7:11 AM	9:41 AM	12:11 PM	2:41 PM	5:11 PM	7:41 PM	10:11 PM	NA

सोमवार, 27 फ़रवरी 2023  
Monday, 27 February 2023



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1	गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Rajasthan	English/ हिन्दी	12:32 AM	3:02 AM	5:32 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
3	सामान्य जागरूकता	मेंढक	हिन्दी	12:38 AM	3:08 AM	5:38 AM	8:09 AM	10:39 AM	1:09 PM	3:39 PM	6:09 PM	8:39 PM	11:09 PM
4	हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:53 AM	3:23 AM	5:54 AM	8:24 AM	10:54 AM	1:24 PM	3:54 PM	6:24 PM	8:54 PM	11:24 PM
5	योग	भुजंगासन	हिन्दी	1:15 AM	3:45 AM	6:15 AM	8:45 AM	11:15 AM	1:45 PM	4:15 PM	6:46 PM	9:16 PM	11:46 PM
6	EVS	Ch-20: Drop by Drop	English	1:17 AM	3:47 AM	6:17 AM	8:48 AM	11:18 AM	1:48 PM	4:18 PM	6:48 PM	9:18 PM	11:48 PM
7	English	Ch-3: Little by Little	English	1:38 AM	4:08 AM	6:38 AM	9:08 AM	11:38 AM	2:08 PM	4:39 PM	7:09 PM	9:39 PM	NA
8	Storytelling/ Value Education	भालू ने खेली फुटबॉल	हिन्दी	2:05 AM	4:35 AM	7:05 AM	9:35 AM	12:05 PM	2:35 PM	5:05 PM	7:35 PM	10:05 PM	NA
9	English	Ch-3: Little by Little	ISL	2:09 AM	4:39 AM	7:09 AM	9:39 AM	12:10 PM	2:40 PM	5:10 PM	7:40 PM	10:10 PM	NA
10	EVS	Ch-20: Drop By Drop	ISL	2:15 AM	4:45 AM	7:15 AM	9:45 AM	12:15 PM	2:46 PM	5:16 PM	7:46 PM	10:16 PM	NA

मंगलवार, 28 फ़रवरी 2023  
Tuesday, 28 February 2023

1	गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Storytelling/ Value Education	बस की यात्रा	हिन्दी	12:34 AM	3:04 AM	5:34 AM	8:04 AM	10:34 AM	1:04 PM	3:34 PM	6:04 PM	8:34 PM	11:04 PM
3	सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:49 AM	3:19 AM	5:49 AM	8:19 AM	10:49 AM	1:19 PM	3:49 PM	6:19 PM	8:49 PM	11:19 PM
4	हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:55 AM	3:25 AM	5:55 AM	8:25 AM	10:55 AM	1:25 PM	3:55 PM	6:25 PM	8:55 PM	11:25 PM
5	योग	शलभासन	हिन्दी	1:16 AM	3:46 AM	6:16 AM	8:46 AM	11:16 AM	1:46 PM	4:16 PM	6:46 PM	9:16 PM	11:46 PM
6	Art Education	Kala Utsav 2022Vocal Music- Classical (Boy) KVS	English/ हिन्दी	1:19 AM	3:49 AM	6:19 AM	8:49 AM	11:19 AM	1:49 PM	4:19 PM	6:49 PM	9:19 PM	11:49 PM
7	EVS	Ch-20: Drop by Drop	English	1:25 AM	3:55 AM	6:25 AM	8:55 AM	11:25 AM	1:55 PM	4:25 PM	6:55 PM	9:25 PM	11:55 PM
8	Storytelling/Value Education	आम की टोकरी	हिन्दी	1:46 AM	4:16 AM	6:46 AM	9:16 AM	11:46 AM	2:16 PM	4:46 PM	7:16 PM	9:46 PM	NA
9	English	Ch-3: Little by Little	English	1:48 AM	4:18 AM	6:48 AM	9:18 AM	11:48 AM	2:19 PM	4:49 PM	7:19 PM	9:49 PM	NA
10	EVS	Ch-20: Drop By Drop	ISL	2:15 AM	4:45 AM	7:15 AM	9:45 AM	12:15 PM	2:45 PM	5:15 PM	7:45 PM	10:15 PM	NA



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